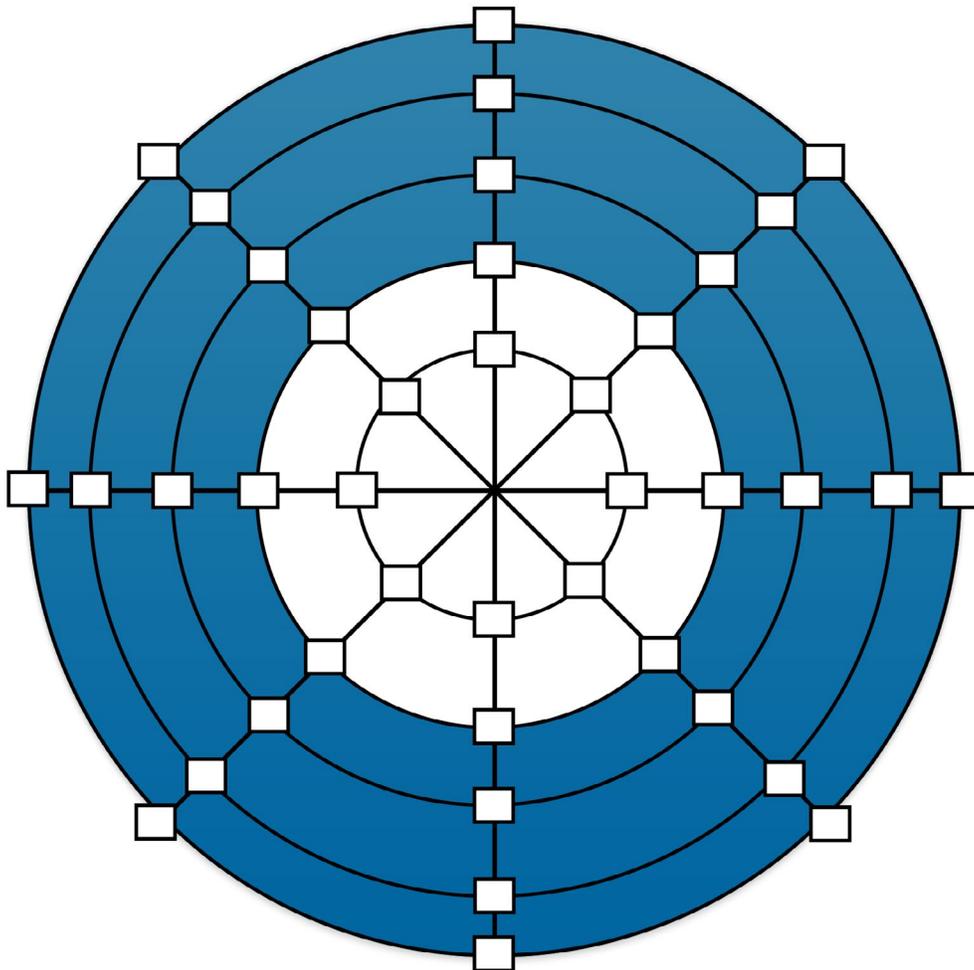


Wheel of Life Worksheet

- For instructions on the Wheel of Life, visit www.mindtools.com/rs/LifeWheel.



Things I will START doing to regain balance in my life	Things I will STOP doing, reprioritize or delegate